# Morgan County

2025 | Ohio State of the Girl Fact Sheet



#### **DEMOGRAPHICS**

1,417 girls are under 18 years old in Morgan County

Percent of girls under 18, by age group

Under 5 years	23.6%	
5 to 9 years	22.9%	
10 to 14 years		34.7%
15 to 17 years	18.8%	

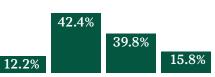
96.2% of girls under 18 have health insurance in Morgan County

Race & ethnicity of girls	Morgan County	
	Number	Percent
American Indian	<10	<1%
Asian	<10	<1%
Black	17	1.2%
Hispanic	53	3.7%
Native Hawaiian	<10	<1%
White	1,279	90.3%
Two or more races	119	8.4%
Some other race	<10	<1%

15.1% of girls under 18 live below the federal poverty level in Morgan County

### PHYSICAL WELLNESS

**Number of days spent exercising**Girls 6 to 17 years old in Ohio

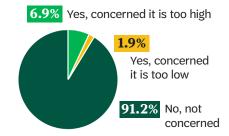


0 days 1-3 days 4-6 days Every day

34.9%

of girls 6 to 17 years old are considered overweight or obese in Ohio based on their Body Mass Index.

### Parent reported concern for their female child's weight



### **ACADEMIC WELLNESS**

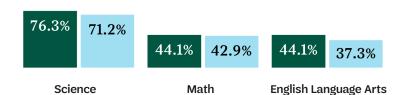
In 2023, in Morgan County...

**87.0% of girls** graduated high school

21.9% of girls were chronically absent from school

**15.1**%

of women ages 29-35 with a Bachelor's degree in Morgan County **declared** a science or engineering degree 8th grade proficiency levels in Morgan County, 2023-24 school year Girls Boys



### **EMOTIONAL WELLNESS**

1 in 2

Ohio high school girls felt sad or hopeless, in 2021

1 in 3

Ohio girls had difficulty in obtaining mental health treatment or counseling, in 2022

**54%** 

of Ohio children reported having a caring adult who they can talk to about their feelings all or most of the time, in 2022



### DEEPER DIVE

When considering the intersection of girls' social, emotional, and physical health as well as academic success, three areas were identified where Ohio girls especially may need more support:

## STEM interest bullying body image

### S.T.E.M. INTEREST

Science, Technology, Engineering, and Mathematics

STEM and STEM-related careers among 25- to 39-year-old women

	2015		2022	
	Female	Male	Female	Male
National Average	38.7%	49.3%	41.1%	50.1%
Ohio Average	36.4%	46.5%	39.2%	47.0%

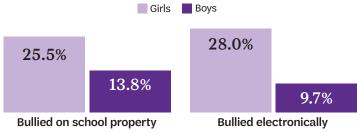
- The number of women in STEM careers has increased in recent years, although women continue to be underrepresented nationally and in Ohio.
- The key to increasing girls' interest in STEM careers is to provide early and consistent encouragement and education that counteracts negative stereotypes.

**63**%

of Girl Scouts in middle and high school, who did multiple STEM activities aspire to a career in STEM, compared to 43% among those who did not do STEM activities.

### **BULLYING**

Ohio high school youth who experienced bullying, 2021



- Girls in Ohio consistently report higher rates of bullying and cyberbullying than boys.
- Bullying has significant effects on physical health such as reduced sleep, increased stress hormones, and impaired brain functioning.
- Nationally, females were more likely than males to perceive that the bullying was related to their gender, sexual orientation, and appearance.

### **BODY IMAGE**

- Nationally, many girls start to worry about their weight from the ages of 6 to 10, and by age 14, 60-70% of girls start to try to lose weight.
- Negative body image may be influenced by pressure from relatives and peers, exposure to unrealistic body expectations from traditional and social media, and engagement in social appearance comparisons.
- A national survey found that 57% of girls said that social media makes them want to change how they look.

A national survey found that...

66%

of girls said that how they feel about their body makes them feel less confident.

88%

of girls said that they are under pressure to be pretty.

Strategies to support a healthy body image in girls include:







Find the full Ohio State of the Girl Report and more information about this project at OhioGirlReport.org or scan the OR code

