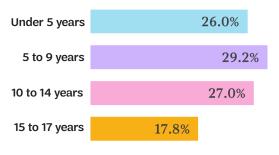
2025 Ohio State of the Girl Fact Sheet

DEMOGRAPHICS



Percent of girls under 18, by age group





PHYSICAL WELLNESS

Number of days spent exercising

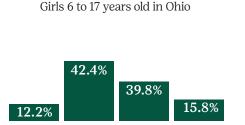
Race & ethnicity of girls	Noble County		
	Number	Percent	
American Indian	<10	<1%	
Asian	<10	<1%	
Black	<10	<1%	
Hispanic	18	1.4%	
Native Hawaiian	<10	<1%	
White	1,191	95.4%	
Two or more races	39	3.1%	
Some other race	18	1.4%	

10.0% of girls under 18 live below the federal poverty level in Noble County

8th grade proficiency levels in Noble County, 2023-24 school year Girls Boys

26.0%

Math



0 days 1-3 days 4-6 days Every day

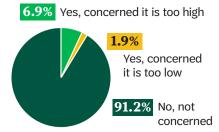


of girls 6 to 17 years old are considered overweight or obese in Ohio based on their Body Mass Index.

54.3%

Science

Parent reported concern for their female child's weight



ACADEMIC WELLNESS

In 2023, in Noble County...

95.9% of girls 17.4% of girls

graduated high school

were chronically absent from school

23.5% of women ages 29-35 with a Bachelor's degree in Noble County declared a science or engineering degree

EMOTIONAL WELLNESS

1 in 2 Ohio high school girls felt sad or hopeless, in 2021

Ohio girls had difficulty in obtaining mental health treatment or counseling, in 2022



70.1%

of Ohio children reported having a caring adult who they can talk to about their feelings all or most of the time, in 2022

English Language Arts

47.4%

43.3%

41.9%

DEEPER DIVE

When considering the intersection of girls' social, emotional, and physical health as well as academic success, three areas were identified where Ohio girls especially may need more support:

STEM interest bullying body image

S.T.E.M. INTEREST

Science, Technology, Engineering, and Mathematics

STEM and STEM-related careers among 25- to 39-year-old women

	2015		2022	
	Female	Male	Female	Male
National Average	38.7%	49.3%	41.1%	50.1%
Ohio Average	36.4%	46.5%	39.2%	47.0%

BULLYING

Ohio high school youth who experienced bullying, 2021



- The number of **women in STEM careers has increased in recent years**, although women continue to be underrepresented nationally and in Ohio.
- The key to increasing girls' interest in STEM careers is to provide early and consistent encouragement and education that counteracts negative stereotypes.

63%

of Girl Scouts in middle and high school, who did multiple STEM activities aspire to a career in STEM, compared to 43% among those who did not do STEM activities.

- Girls in Ohio consistently report higher rates of bullying and cyberbullying than boys.
- Bullying has significant effects on physical health such as reduced sleep, increased stress hormones, and impaired brain functioning.
- Nationally, females were more likely than males to perceive that the bullying was related to their gender, sexual orientation, and appearance.

BODY IMAGE

- Nationally, many girls start to worry about their weight from the ages of 6 to 10, and by age 14, 60-70% of girls start to try to lose weight.
- Negative body image may be influenced by pressure from relatives and peers, exposure to unrealistic body expectations from traditional and social media, and engagement in social appearance comparisons.
- A national survey found that 57% of girls said that social media makes them want to change how they look.

A national survey found that...

66%

88%

0 body makes them feel less confident.

of girls said that **they are under pressure to be pretty**.

of girls said that how they feel about their

Strategies to support a healthy body image in girls include:



Find the full Ohio State of the Girl Report and more information about this project at OhioGirlReport.org or scan the QR code



girl scouts of black diamond

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